

Hike Planning and Leadership

Purpose

Adventure
Nature Study
Skill Hike
Cook Hike
Climb a Peak
Find a Waterfall
Orienteering
Geocaching

6-OCT-2014
J.LeClair

Plan

**Tour Permit
Hiking Merit Badge?
2nd Class Requirement?**

Alternate Plan

**In case of bad weather
Escape route?**

Share the Plan

**With parents and fellow leaders
Both participants and non-participants**

BSA-Troop-52
Hike-Plan

Date: 18-MAY-2013

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Leaders: → → → → call-phone:¶
→ Joe-LeClair → → → 203-217-7123 → ¶
→ Jim-Doback → → → 860-398-0962 ¶
→ Brad-Hanover → → → 203-395-5522 → ¶
→ → → → → ¶

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Meet-at-time: 7:30AM

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Meet-at-place: Union-Cong-Church

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Boy-leader(s)-responsible-for-routes:

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Start-point-of-hike: Undermountain-Trail-Rte-41-Salisbury-CT

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End-point-of-hike: Same-as-start

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Total-mileage:

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Estimated-time-of-return: 4:30PM

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Group-Equipment-needed:

- four-permit-no
- first-aid-kit-yes
- moleskin-yes
- permission-slips-yes
- maps/guidebook-yes

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Notes:

Summit-may-be-cool...wear-light-layers

Bring-extra-wool-socks

Bring-cold-lunch-&-water...no-soda

Permission-slip

Sunscreen? Hat?

Bug-repellent?

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Joe's-phone: 203-217-7123

Paul's-home-phone: 860-274-0593

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Resources

Connecticut Walk Book
Appalachian Trail Guides
USGS Topographic Maps
Fellow Scouters

Some Favorite Local Hikes

Appalachian Trail
Macedonia Brook State Park
Sleeping Giant State Park
Tunxis Trail...Marsh Pond to Sessions Woods
Jericho Trail to Mattatuck Trail to Black Rock
Mattatuck Trail from Rte 109 to White Memorial Foundation



Gear

Poles

Headlamp



(leader carries in summer, everybody carries in winter)

1st Aid kit per crew

(emphasis on foot care, cuts, sprains)

Benedryl?

maps & trail guide

Compass

Rain gear

Food

High Energy

**“Dinner starts right after breakfast
and is interrupted only by lunch”**

Trail mix

Dried fruit

Lots of Water!



Hike Leadership

Ability Groups

Morale

The slow hiker

The Jackrabbits

Famous Mistakes

Scouts spread out for miles.

Group split up

Lost Scouts!

Underestimating the Hike

Safety First!

No climbing over shoulder height

Stay off high peaks in afternoon

Don't cross dangerous streams

Trail Courtesy

- **Quiet**
 - **Small Group**
 - **Climbers step aside**
 - **Kind to vegetation, etc.**
 - **Stay on trail in fragile zones**
 - **Know the rules in the area you hike**
- **Take nothing but photographs, leave nothing but footprints**

After the Hike

Let a leader know you're back

Document the hike to assist the next member to plan the same route....times, problems, high points, etc.