

Troop 52

Cape Cod, bike-camping trip *Equipment list*

Bike Equipment List

1. Bike water bottle (Bottle needs to fit in bottle cage, NALGENE bottles will not fit)
2. Helmet. (properly fitted so it does not fall off your head in case of a fall.)
3. Lock if you have one
4. Back pack (extra water in Nalgene bottles, 2 quarts per day minimum)

Personal Equipment List

1. Sleeping bag
2. Ground pad
3. Toiletry kit (soap, washcloth, toothbrush, tooth paste)
4. Quarters for showers (8- quarters for 4 minute shower)
5. Swim trunks, SWIM SHOES!! and towel
6. Mess kit (eating utensils)
7. Nalgene bottles (2)
8. Bug repellent
9. Sun Screen
10. Work gloves (for camp work)
11. Rain suit
12. Money for supper on the road Friday night and Lunch on Sunday afternoon

Clothing

1. Long pants, fleece jacket, knit hat for nighttime in camp
2. Shorts, short sleeve shirt, sneakers for bike riding

Note: bring extra layers and keep them in your pack. We will not know what kind of weather to expect until we get there.